

# **WARRENDER BATHS CLUB**

## **Junior Age Group Meet**

**Saturday 24<sup>th</sup> & Sunday 25<sup>th</sup>  
October 2026**

**At**

**Michael Woods Sports & Leisure Centre, Glenrothes  
KY6 2RD**



# WARRENDER BATHS CLUB

*Would like to invite entry applications for their*

## **JUNIOR AGE GROUP MEET**

(Under S.A.S.A. Laws and Licence Numbers L2/ED/044/OCT26– L3/ED/045/OCT26)

~~~~~

### **Open Meet - General Information**

- Date:** Saturday 24<sup>th</sup> – Sunday 25<sup>th</sup> October 2026
- Venue:** Michael Woods Sports & Leisure Centre, Glenrothes, KY6 2RD
- Pool:** 8 lane 25 metre; full electronic timing with 8 lane display scoreboard; anti-wave lane ropes; spectator area; cafeteria.
- Time:**
- |  | <b>Warm-up 1</b> | <b>Warm-up 2</b> | <b>Start</b> | <b>Finish</b> |
|--|------------------|------------------|--------------|---------------|
|  | 09:00-09:25      | 09:25-09:50      | 10:00        | 12:45         |
|  | 13:30-13:50      | 13:55-14:10      | 14:15        | 17:00         |
- Ages:** As at 25<sup>th</sup> October 2026
- Age groups:** Saturday Level 2 Meet: 12 years, 13 years, 14years, 15/over  
Sunday Level 3 Meet: 9/under, 10 years, 11 years, 12 years  
**\*Please note 12 year olds must enter ONLY the Saturday OR the Sunday, but are not eligible to enter both days**
- Events:** Saturday Level 2 -**12 years, 13 years, 14 years, 15/over:** 100m all strokes, 200m I.M, 400 Freestyle  
Sunday Level 3 - **9/under, 10yrs, 11yrs, 12 years:** 50m all strokes, 100m I.M, 200 Freestyle
- Entry Fees:** Saturday 24 October - £7.50 per individual event  
Sunday 25 October - £6.50 per individual event
- Spectators:** Spectating will be available for all sessions
- Lunches:** Lunches will not be provided for coaches, team staff or STO's
- Awards:** The focus of the meet is to give swimmers the opportunity to enjoy early season racing, with the focus on individual improvements and technical gain, therefore no medals or other awards will be handed out.
- Officials:** To ensure accreditation, we would appreciate if visiting Clubs could assist by providing technical officials. Details of your STO support should be sent to [sto@swimwarrender.com](mailto:sto@swimwarrender.com).
- Closing date for entries:** Noon **Wednesday 30<sup>th</sup> September 2026**

*All entries should be submitted by email on the appropriate file and returned to:*

**Susan Liddle**

E-mail: [susan.liddle@googlemail.com](mailto:susan.liddle@googlemail.com)

## **Open Meet - Specific Information**

### **Meet Rules**

- The meet shall be held under S.A.S.A and World Aquatics rules.
- Ages as at 25<sup>th</sup> October 2026
- All swimmers of Scottish clubs must have a current S.A.S.A. registration number.
- All swimmers of non-Scottish clubs must be registered with their governing body.
- The pool is 25 metres long with 8 lanes separated by anti-wave lane ropes.
- Electronic timing will be in operation. In the event of electronic timing failure, the back-up manual timing will be used.
- Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool.
- Only participants of the meet, meet staff, technical officials and coaches with appropriate District or National meet passes will be admitted on to the poolside and must adhere to Scottish Swimming requirements with regard to PVGs and Child Protection training.
- Swimmers must act on the instructions given by meet officials and always behave in a reasonable manner.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

### **Entries**

- Closing date for entries is Noon Wednesday 30<sup>th</sup> September 2026. Late entries will not be accepted.
- All entries must be made on the relevant electronic files and submitted by email. Entry files can be requested by returning the appropriate form enclosed in this information or via e-mail.
- 12 years must enter either the Saturday OR the Sunday, but not both, depending on their ability level and in line with the meet licences.
- Swimmers invited to the Scottish Swimming Youth Academy cannot enter Saturday 24<sup>th</sup> October
- Swimmers invited to the Scottish Swimming Junior Academy cannot enter Sunday 25<sup>th</sup> October
- Withdrawals must be made by Thursday 22<sup>nd</sup> October at 6pm, after which time events will be seeded and no further changes will be made.
- The promoter's reserve the right to restrict entries in order to facilitate the smooth running of the meet. Entries will be accepted on time basis. Clubs should ensure entry times are accurate. Rejected entries will be refunded in full.

### **Events**

- Over the top starts may be used at the discretion of the promoters in order to facilitate the smooth running of the meet.
- Heats will be seeded after the withdrawals are submitted. Start sheets will then be issued electronically to clubs for information and marshalling purposes.
- Swimmers must report to the competitor stewards in the designated marshalling area at least three heats in advance.
- Results will be published but no awards will be given, in line with the ethos of the meet

### **Costs**

|                 |                                                                |
|-----------------|----------------------------------------------------------------|
| Entry fees:     | £7.50 (Saturday) and £6.50 (Sunday) per individual event       |
| Coaches passes: | Free. Please indicate how many coaches you will have each day. |
| Other costs:    | Spectator entry £3 per session or £5 per day (cash only)       |

## Warm-ups and Session Times

|            | <b>Male &amp; Open</b> | <b>Female</b> | <b>Start</b> | <b>Finish</b> |
|------------|------------------------|---------------|--------------|---------------|
| Session 1: | 09:00-09:25            | 09:25-09:50   | 10:00        | 12:45         |
| Session 2: | 13:30-13:50            | 13:50-14:10   | 14:15        | 17:00         |
| Session 3: | 09:25-09:50            | 09:00-09:25   | 10:00        | 12:45         |
| Session 4: | 13:50-14:10            | 13:30-13:50   | 14:15        | 17:00         |

- The warm-ups may only commence when advised to do so by the warm-up marshals.
- There will be no diving allowed in warm-ups other than those in controlled sprint lanes.
- Swimmers must keep moving during warm-ups and avoid congestion in any part of the pool.
- Sprint lanes will be made available during the final ten minutes of each warm-up period. Stewards may control these as necessary to avoid congestion and diving in on backstroke or push-start swimmers.
- Lanes 1, 3, 5 and 7 are to be swum in a clockwise direction and Lanes 2, 4, 6 and 8 swum in an anti-clockwise direction.

## Miscellaneous

- A licence number has been received for Saturday 25<sup>th</sup> under Licence Number L2/ED/044/OCT26
- A licence number has been received for Sunday 26<sup>th</sup> under Licence Number L3/ED/045/OCT26
- Michael Woods Sports & Leisure Center has a cafeteria serving refreshments.
- The promoters reserve the right to exclude or refuse admission to any competitor, spectator, or team official.
- Swimmers and coaches must not take glassware into the showers or on to poolside and are liable for expulsion from the meet if found to do so.
- Neither Warrender Baths Club nor Michael Woods, can be held responsible for loss or damage to swimmers, team staff or spectator's property. Swimmers are strongly advised to secure property in the lockers provided in the changing rooms and not to leave belongings lying around unattended.
- Swimmers out with the poolside must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside area.
- Anything not covered above and not printed in the event programme will be at the promoter's discretion.
- Warrender Baths Club reserve the right to vary the above conditions as necessary.
- **To ensure accreditation, we would appreciate if visiting Clubs could assist by providing technical officials. Details of your STO support should be sent to [sto@swimwarrender.com](mailto:sto@swimwarrender.com).**

## Scottish Swimming Swimsuit Policy:

Please note that for swimmers aged 13 or younger, the Scottish Swimsuit Policy will be in place. Please make sure your swimmers/parents have read the policy and understand which suits can / cannot be worn ahead of the weekend. If they are wearing one of the suits which have been banned for this age group, they will not be allowed to compete. The link to the policy is here - <https://www.scottishswimming.com/oursports/swimming/swimsuits> there is also a visual guide here - <https://ocssport.ams3.cdn.digitaloceanspaces.com/scotswim-full/2022/06/Technical-swimsuit-poster2022.pdf>

## Transgender Competition Policy:

As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. The policy and FAQs can be found [here](#). Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Manager and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. As a result of this policy being implemented, by entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category

# WARRENDER BATHS CLUB

Annual Open Meet: 24<sup>th</sup> – 25<sup>th</sup> October 2026

## Health and Safety Announcement

### Controlling the Use of Photographic Equipment

By attending the event either as a participant, volunteer, team staff or spectator, you accept that any photographs / videos taken will not be used for illicit purposes or that pictures / films produced will not be altered in any way or uploaded onto the web without the consent in writing of the person(s) photographed / filmed.

**The use of mobile phones or other electronic devices capable of photography are not permitted to be used at any time in the changing village, toilets or shower areas.**

Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms.

The use of professional camera equipment and flash photography is prohibited at the Event. Only accredited media can use this type of equipment. Media wishing to gain accreditation must put the request in writing to the event organiser prior to the start of the competition.

Any concerns in relation to filming or photographing at the meet should be reported to the Meet Organiser.

**Safeguarding:** The primary safeguarding point of contact for the event in relation to wellbeing & protection matters or accidents is the Meet Organiser. The secondary point of contact is the WBC WPO.

# WARRENDER BATHS CLUB

Annual Open Meet: 24<sup>th</sup> – 25<sup>th</sup> October 2026

## Programme of Events

**SATURDAY 24<sup>th</sup> October: 12yrs, 13yrs, 14yrs and 15/over**

License no: L2/ED/044/OCT26

SESSION 1: Male & Open warm-up: 09:00 - 09:25 Start: 10:00  
Female warm-up : 09:25 - 09:50 Finish: 12:45

| EVENT NO. | CATEGORY    | EVENT             |     |
|-----------|-------------|-------------------|-----|
| 101       | Male & Open | 100m Butterfly.   |     |
| 102       | Female      | 100m Freestyle    |     |
| 103       | Male & Open | 100m Backstroke   |     |
| 104       | Female      | 100m Breaststroke |     |
| 105       | Male & Open | 200m I.M          | HDW |
| 106       | Female      | 400m Freestyle    | HDW |

SESSION 2: Male & Open warm-up: 13:30 - 13:50 Start: 14:15  
Female warm-up: 13:55 - 14:10 Finish: 17:00

| EVENT NO. | CATEGORY    | EVENT             |     |
|-----------|-------------|-------------------|-----|
| 201       | Male & Open | 100m Freestyle    |     |
| 202       | Female      | 100m Butterfly.   |     |
| 203       | Male & Open | 100m Breaststroke |     |
| 204       | Female      | 100m Backstroke   |     |
| 205       | Male & Open | 400m Freestyle    | HDW |
| 206       | Female      | 200m I.M          | HDW |

Finals for events 101, 102, 103, 104, 201, 202, 203 and 204 will take place at the end of each session if time allows. A decision on finals will be made after entries have been received and clubs will be notified in advance.

**SUNDAY 25<sup>th</sup> October: 9/under, 10yrs, 11yrs, 12 yrs**

License no: L3/ED/045/OCT26

SESSION 3: Female warm-up: 09:00 - 09:25 Start: 10:00  
Male & Open warm-up: 09:25 - 09:50 Finish: 12:45

| EVENT NO. | CATEGORY    | EVENT            |     |
|-----------|-------------|------------------|-----|
| 301       | Female      | 100m I.M.        | HDW |
| 302       | Male & Open | 200m Freestyle   | HDW |
| 303       | Female      | 50m Backstroke   | HDW |
| 304       | Male & Open | 50m Breaststroke | HDW |
| 305       | Female      | 50m Butterfly    | HDW |
| 316       | Male & Open | 50m Freestyle    | HDW |

SESSION 4: Female warm-up: 13:30 - 13:50 Start: 14:15  
Male & Open warm-up: 13:50 - 14:10 Finish: 17:00

| EVENT NO. | CATEGORY    | EVENT            |     |
|-----------|-------------|------------------|-----|
| 401       | Female      | 200m Freestyle   | HDW |
| 402       | Male & Open | 100m I.M.        | HDW |
| 403       | Female      | 50m Breaststroke | HDW |
| 404       | Male & Open | 50m Backstroke   | HDW |
| 405       | Female      | 50m Freestyle    | HDW |
| 406       | Male & Open | 50m Butterfly    | HDW |

# WARRENDER BATHS CLUB

Annual Open Meet: 24<sup>th</sup> – 25<sup>th</sup> October 2026

## Summary Entry Form

*\*\* This form must be completed and returned with any entries. \*\**

Club Name: .....

Contact Name: .....

Address: .....

..... Post Code .....

Telephone: .....

email: .....

Total Female Entries (Sat)..... @ £7.50 each: = £.....

Total Male Entries (Sat)..... @ £7.50 each: = £.....

Total Female Entries (Sun)..... @ £6.50 each: = £.....

Total Male Entries (Sun)..... @ £6.50 each: = £.....

Total Amount Enclosed: = £.....

Signed: .....

Position in club: .....

**Please pay by BACS using the details & reference below:**

**Warrender Baths Club Meet Account**

**Reference: Warrender Annual JAG Meet**

**Sort Code: 830608**

**Account number: 21826807**

Return this form along with entries no later than Noon **Wednesday 30<sup>th</sup> September 2026** to:

**Susan Liddle**

susan.liddle@googlemail.com